

# Drug Screening Questionnaire (DAST)

Using drugs can affect your health and some medications you may take. Please help us provide you with the best medical care by answering the questions below.

Patient name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Which recreational drugs you have used in the past year?

- methamphetamines (speed, crystal)      cocaine  
 cannabis (marijuana, pot)      narcotics (heroin, oxycodone, methadone, etc.)  
  inhalants (paint thinner, aerosol, glue)      hallucinogens (LSD, mushrooms)  
  tranquilizers (valium)      other \_\_\_\_\_

1. Have you used drugs other than those required for medical reasons?	No	Yes
2. Do you abuse more than one drug at a time?	No	Yes
3. Are you unable to stop using drugs when you want to?	No	Yes
4. Have you ever had blackouts or flashbacks as a result of drug use?	No	Yes
5. Do you ever feel bad or guilty about your drug use?	No	Yes
6. Does your spouse (or parents) ever complain about your involvement with drugs?	No	Yes
7. Have you neglected your family because of your use of drugs?	No	Yes
8. Have you engaged in illegal activities in order to obtain drugs?	No	Yes
9. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?	No	Yes
10. Have you had medical problems as a result of your drug use (e.g. memory loss, hepatitis, convulsions, bleeding)?	No	Yes

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Do you inject drugs? \_\_\_\_\_

How often do you use drugs \_\_\_\_\_

I    II    III    IV  
 0    1    3    6

(For the clinician or behavioralist)

### Scoring and interpreting the DAST:

1. “Yes” responses are one point, “No” responses are zero points. All response scores are added for a total score.
2. The total score correlates with a zone of use, which can be circled on the bottom right corner.

Score*	Zone	Action
0	I - Healthy	None
1 - 2	II – Risky	Brief intervention
3 - 5	III – Harmful	Brief intervention (consider referral)
6+	IV - Dependent	Referral to specialized treatment

**Brief education:** An opportunity to educate patients about the risks of illicit drug use.

**Brief intervention:** Face-to-face discussion that employs Motivational Interviewing concepts to raise an individual’s awareness of his/her drug use and enhancing his/her motivation towards behavioral change. Brief interventions are 1 to 5 sessions in length, typically performed in 3 minutes or 30 minutes or more, and should occur in the same session as the initial screening. The recommended behavior change is to abstain from use.

Patients with numerous and serious negative consequences from their drug use, or patients with likely dependence who cannot or will not obtain conventional specialized treatment, should receive more frequent and intensive interventions.

**Referral to specialized treatment:** A proactive process that facilitates access to specialized care for individuals who have been assessed to have substance use dependence. These patients are referred to alcohol and drug treatment experts for more definitive, in-depth assessment and, if warranted, treatment. The recommended behavior change is to abstain from use and accept the referral.

More resources: [www.sbirtoregon.org](http://www.sbirtoregon.org)

\* Gavin, D. R., Ross, H. E., and Skinner, H. A. Diagnostic validity of the DAST in the assessment of DSM-III drug disorders. *British Journal of Addiction*, 84, 301-307. 1989.