

Table 85.2 Screening Questions for Anxiety Disorders from the M.I.N.I.

Panic disorder	Have you, on more than one occasion, had spells or attacks when you suddenly felt anxious, frightened, uncomfortable, or uneasy, even in situations where most people would not feel that way? Did the spells surge to a peak, within 10 minutes of starting? CODE YES ONLY IF THE SPELLS PEAK WITHIN 10 MINUTES.
Agoraphobia	Do you feel anxious or uneasy in places or situations where you might have a panic attack or panic-like symptoms, or where help might not be available or escape might be difficult: like being in a crowd, standing in a line (queue), when you are away from home or alone at home, or when crossing a bridge, traveling in a bus, train, or car?
Social phobia	In the past <i>month</i> , were you fearful or embarrassed being watched, being the focus of attention, or fearful of being humiliated? This includes things like speaking in public, eating in public or with others, writing while someone watches, or being in social situations.
Generalized anxiety disorder	Have you worried <i>excessively</i> or been anxious about several things over the past 6 months?
Obsessions	In the past <i>month</i> , have you been bothered by recurrent thoughts, impulses, or images that were unwanted, distasteful, inappropriate, intrusive, or distressing? (e.g., the idea that you were dirty, contaminated or had germs, or fear of contaminating others, or fear of harming someone even though you didn't want to, or fearing you would act on some impulse, or fear or superstitions that you would be responsible for things going wrong, or obsessions with sexual thoughts, images or impulses, or hoarding, collecting, or religious obsessions)
Compulsions	In the past <i>month</i> , did you do something repeatedly without being able to resist doing it, like washing or cleaning excessively, counting or checking things over and over, or repeating, collecting, or arranging things, or other superstitious rituals?